

Local Family Food Resources (updated 1/2017)

Food Pantries

Church of Christ 474-2660

Rte. 1 (across from small Marketbasket), Seabrook
Wednesday 9:00-11:00
474-2660

CAP (Community Action Program) 474-3507

146 Lafayette Rd., Seabrook
Monday-Friday 9:00-12:00 and 1:00-4:00

Healing Rain Ministries 601-0656

49 New Zealand Rd, Seabrook
Tues. 1:00-3:00, Thurs. 9:00-11:00, Fri. 5:00-7:00, Sun. 12:00-1:30

St. Vincent DePaul 929-4427

Rte. 1 (at Our Lady of the Miraculous Medal), Hampton
M/T/Th/F 10:30-12:30 & evenings by appt.

Salvation Army 929-1729

High Street, Hampton
Monday-Friday 9:00-5:00

Seacoast Family Food Pantry of NH

www.seacoastfamilyfoodpantry.org

210 West Road – Suite 3 – Portsmouth, NH

Monday - Thursday 9:00 - 5:00

*Friday 9:00 – 5:00

* NEW – Leftover Fridays: Fresh produce and bread from the week will be available on Fridays, and Friday shops will not count against your monthly trip. Please note that there is no access to the general pantry during Leftover Fridays

Meals

Monday 5:00-6:00 Church of Christ (867 Lafayette Rd., Seabrook)

Tuesday and Wednesday 5:00-6:00 Trinity Church (103 Lafayette Rd., Seabrook)

Thursday 5:00-6:00 Family Fare Kitchen

(United Methodist Church (525 Lafayette Rd., HAMPTON)

Friday 5:00-6:00 Healing Rain Ministries (49 New Zealand Rd., Seabrook)